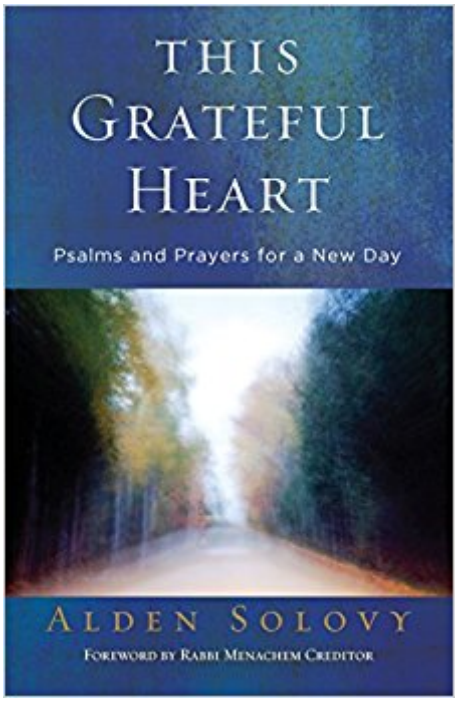
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This Grateful Heart: Psalms And Prayers For A New Day



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Synopsis

This Grateful Heart offers an anthology of modern day psalms and prayers to lift us up, inspire our days, and mark our milestones. Written by Jewish poet and liturgist Alden Solovy, the collection provides nearly 100 readings, spanning topics from the simple delights of daily living to the complexities of grief; from the celebration of major turning points like bar and bat mitzvah to the more solemn commemoration of lost lives and ended relationships; and from the awe-filled moments of the High Holy Days to the observance of secular holidays. For clergy, this collection offers supplementary material for use in services and life cycle rituals; for the individual, this collection can serve as a way to give voice to the joys and sorrows of everyday life. Ã Â

Book Information

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Customer Reviews

Alden Solovy is a liturgist, author, journalist and teacher. He has written more than 600 pieces of new liturgy, offering a fresh new Jewish voice, challenging the boundaries between poetry, meditation, personal growth and prayer. His writing was transformed by multiple tragedies, marked in 2009 by the sudden death of his wife from catastrophic brain injury. Solovy’s teaching spans from Hebrew Union College-Jewish Institute of Religion in Jerusalem to Limmud, UK, and synagogues throughout the U.S. The Jerusalem Post called his writing "soulful, meticulously crafted." Huffington Post Religion said "...the prayers reflect age-old yearnings in modern-day situations." Solovy is a three-time winner of the Peter Lisagor Award for Exemplary Journalism. He made aliyah to Israel in 2012, where he hikes, writes, teaches, and learns. His work has appeared in Mishkan R’Fuah:

Where Healing Resides (CCAR Press, 2012), L'chol Z'man v'Eit: For Sacred Moments (CCAR Press, 2015), Mishkan HaNefesh: Machzor for the Days of Awe (CCAR Press, 2015), and Gates of Shabbat, Revised Edition (CCAR Press, 2016).

Alden Solovy writes real prayers. When I use the word "real," I mean that he is baring his soul to God and helping us do so at the same time. There are prayers for the seasons and mediations throughout the day, but there are also prayers after a partner's infidelity or the suicide of a child. These are grown-up prayers for real life. And it focuses on the life of an American Jew: there are not only prayers for Shabbat and Rosh Hashanah but also prayers for MLK Day and Thanksgiving. Ultimately, permeating the volume is the theme of the title: gratitude. Solovy is a very talented writer, and you should buy this book.

What heartfelt blessings. Thank you Alden.

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